# Weekly Menu

WEEK BEGINNING **Week Three Lunch**

## MONDAY

Fresh Soup of the Day & Homemade Bread

**Main Course**

Chicken Wraps
GF Wraps
**Vegetarian Main**

Cheese and Tomato Quiche

**Sides**

Spanish Style Yellow Rice
Paprika Roast Vegetables
Pipirana
(Summer Spanish Salad)

*Seasoned Jacket Potatoes*
*Steamed Pasta*
*Baked Bread*
*Roasted Tomato Sauce*

**Dessert**

Apple Crumble and Custard

## TUESDAY

Fresh Soup of the Day & Homemade Bread

**Main Course**

Beef Meat Ball Pasta Bake topped with Mozzarella
GF
**Vegetarian Main**

Mac'n'Cheese

**Sides**

Herbed Steamed Potatoes
Seasoned Sweetcorn
House Salad

*Seasoned Jacket Potatoes*
*Steamed Pasta*
*Baked Bead*
*Roasted Tomato Sauce*

Dessert

Carrot Cake

## WEDNESDAY

Fresh Soup of the Day & Homemade Bread

**Main Course**

Roast Pork
GF
**Vegetarian Main**

Herbed Butternut Squash Steak served with Classic Gravy

**Sides**
Yorkshire Puddings
GF Yorkshire Puds
Roast Potatoes
Paprika Thyme Roast Carrots
Steamed Savoy Cabbage

*Seasoned Jacket Potatoes*
*Steamed Pasta*
*Baked Bead*
*Roasted Tomato Sauce*

**Dessert**

Fresh yoghurt and berries

## THURSDAY

Fresh Soup of the Day & Homemade Bread

**Main Course**

Breaded Chicken served with Homemade Katsu Sauce
GF Chicken
**Vegetarian Main**

Breaded Aubergine served with Homemade Katsu Sauce

**Sides**

Steamed Rice
Pickled Cucember & Chinese Cabbage Salad
Roast Chili Broccoli

Seasoned Jacket Potatoes
Steamed Pasta
Baked Beans
Roasted Tomato Sauce

**Dessert**

Lemon Drizzle Cake

## FRIDAY

Fresh Soup of the Day & Homemade Bread

**Main Course**

Beef Burger
GF Burgers
**Vegetarian Main**

Vegetarian Burger

**Sides**

Wedges
Mushy Peas
Garden Peas
Tartar Or Tomato Sauce

*Seasoned Jacket Potatoes*
*Steamed Pasta*
*Baked Beans*
*Roasted Tomato Sauce*

**Dessert**

Snow Flaked Brownie

## SATURDAY

Fresh Soup of the Day & Homemade Bread

**Main Course**

Plzza

**Vegetarian Main**

Vegetable Burger

**Sides**

Spicy Potato Wedges

Slow Roast Red Onion & Toamto
Selection of Sauces

**Dessert**

Dessert of the Day

For allergen & nutritional information, please speak to a member of the team.

Crustaceans · Eggs · Tree Nuts · Mustard · Celery · Soybeans · Sesame Seeds · Milk · Fish · Peanuts · Lupin · Gluten · Sulphur Dioxide · Molluscs

# Weekly Menu

WEEK BEGINNING **Breakfast Snack Supper**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|
| **Breakfast**<br>Fruit Juice, Cereal Selection, Porridge & Preservers, Toast | **Breakfast**<br>Fruit Juice, Cereal Selection, Porridge & Preservers, Toast | **Breakfast**<br>Fruit Juice, Cereal Selection, Porridge & Preservers, Toast | **Breakfast**<br>Fruit Juice, Cereal Selection, Porridge & Preservers, Toast | **Breakfast**<br>Fruit Juice, Cereal Selection, Porridge & Preservers, Toast | **Breakfast**<br>Fruit Juice, Cereal Selection, Porridge & Preservers, Toast |
| | Sausage and beans | Breakfast wrap | American Pancakes, Crispy Bacon Maple Syrup | Full English Breakfast | Ham & Cheese Croissant |
| **Snack** | **Snack** | **Snack** | **Snack** | **Snack** | |
| Mini Croisont | Baked Crumpets | Crudites and hummus | Sausage Roll | Crudites and hummus | |
| **Supper** | **Supper** | **Supper** | **Supper** | **Supper** | **Supper** |
| Beef Lasagne | Shawarma Chicken Wrap | Pork Sausages | Sweet & Sour Chicken | Pepperoni Pizza | Butter Chicken Curry |
| Vegetable Lasagne | Spiced Halloumi Wrap | Vegetable Sausages | Sweet & Sour Quorn | Margaritta Pizza | Vegetable Masaman Curry |
| Herbed New Potatoes<br>Seasonal Vegetables<br>Garlic Bread<br>Chef's Salad | Fries<br>Chili Lemon Green Beans<br>Crispy Coleslaw<br>Chef's Salad | Mash Potatoes<br>Steamed Vegetables<br>Rich Onion Gravy<br>Chef's Salad | Seasoned Egg Noodles<br>Sauté Chilli & Lemon Veg<br>Prawn Crackers<br>Chef's Salad | Chips<br>Italian Style Salad<br>Sauté Green Vegetables<br>Chef's Salad | Seasoned Rice<br>Roast Vegetables<br>Poppadom's<br>Chef's Salad |
| Dessert of the Day | Dessert of the Day | Dessert of the Day | Dessert of the Day | Dessert of the Day | Dessert of the Day |

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Crustaceans, Eggs, Tree Nuts, Mustard, Celery, Soybeans, Sesame Seeds, Milk, Fish, Peanuts, Lupin, Gluten, Sulphur Dioxide, Molluscs