Weekly Menu

WEEK BEGINNING **Week 1 Lunch**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Fresh Soup of the Day & Homemade Bread	Fresh Soup of the Day & Homemade Bread	Fresh Soup of the Day & Homemade Bread	Fresh Soup of the Day & Homemade Bread	Fresh Soup of the Day & Homemade Bread	Fresh Soup of the Day & Homemade Bread
Main Course	**Main Course**	**Main Course**	**Main Course**	**Main Course**	**Main Course**
Pasta Bolognaise GF Pasta	Sweet & Sour Chicken	Slow Roast Beef served with rich Gravy (GF)	Buttermilk Chicken GF	Breaded Pollock/ Fish Fingers GF Fish Fingers	Hod Dogs (Pork)
Vegetarian Main	**Vegetarian Main**	**Vegetarian Main**	**Vegetarian Main**	**Vegetarian Main**	**Vegetarian Main**
Five Bean Chilli Sin Carne (GF) (DF)	Sweet & Sour Vegetables (GF)(DF)	Quorn Steak served with rich Gravy	Cauliflower and Chickpea Korma		Vegetable Sausage Hot Dogs
Sides Broccoli Corn on the Cob	**Sides** Oriental Egg Noodles Soy Glazed Mixed Vegetables	**Sides** Roast Potatoes Roast Broccoli Braised Red Cabbage Yorkshire Pudding	**Sides** Pilau Rice Cumin Roast Carrots & Green Beans Mango Chutney or Rita	**Sides** Chips Garden Peas	**Sides** Spicy Potato Wedges Classic Coleslaw Creamy Sweetcorn Selection of Sauces
Seasoned Jacket Potatoes *Cheddar cheese* *Baked Beans* *Tuna mayonnaise*	*Steamed Pasta* *Roasted Tomato Sauce*	*Seasoned Jacket Potatoes* *Cheddar cheese* *Baked Beans* *Tuna mayonnaise*	*Steamed Pasta* *Cheese Sauce*	*Seasoned Jacket Potatoes* *Cheddar cheese* *Baked Beans* *Tuna mayonnaise*	
Dessert Jelly GF	**Dessert** Vanilla Sponge & Custard GF Cake	**Dessert** Coconut & Jam Cake GF Alternative	**Dessert** Chocolate Mouse GF	**Dessert** Cookies GF Alternative	**Dessert** Dessert of the Day

For allergen & nutritional information, please speak to a member of the team.

Crustaceans · Eggs · Tree Nuts · Mustard · Celery · Soybeans · Sesame Seeds · Milk · Fish · Peanuts · Lupin · Gluten · Sulphur Dioxide · Molluscs

Weekly Menu

WEEK BEGINNING

Week 1 Breakfast
Snack
Supper

MONDAY

Breakfast
Fruit Juice, Cereal Selection, Porridge & Preservers, Toast

Snack

Crumpets
GF Alternative

Supper

Cajun Roast Chicken served with Tomato Sauce

Vegetable Frittata

Slow Cooked Red Rice
Roast Peppers
Chef's Salad

Dessert of the Day

TUESDAY

Breakfast
Fruit Juice, Cereal Selection, Porridge & Preservers, Toast

Bacon Roll

Snack

Crudites
GF

Supper

Spicy Beef Burrito

Cajun Vegetable Wrap

Seasoned Potato Wedges
Peri Peri Roast Vegetable
Chef's Salad

Dessert of the Day

WEDNESDAY

Breakfast
Fruit Juice, Cereal Selection, Porridge & Preservers, Toast

Baked Beans, Hash Browns, Eggs

Snack

Sausage rolls

GF Alternative

Supper

Chicken Stirfry

Quorn Casserole

Crushed Potatoes
Panache Vegetables
Seasonal Salad
Chef's Salad

Dessert of the Day

THURSDAY

Breakfast
Fruit Juice, Cereal Selection, Porridge & Preservers, Toast

Continental Breakfast Table

Snack

Crudites
GF

Supper

Peperoni Pizza

Margaritta Pizza

Chips
Italian Style Salad
Sauté Green Vegetables
Chef's Salad

Dessert of the Day

FRIDAY

Breakfast
Fruit Juice, Cereal Selection, Porridge & Preservers, Toast

Full English Breakfast

Snack

Flapjack

GF Alternative

Supper

Chicken & Mushroom Carbonara

Ratatouille

Pasta of the Day
Provençale Vegetables
Garlic Bread
Chef's Salad

Dessert of the Day

SATURDAY

Breakfast
Fruit Juice, Cereal Selection, Porridge & Preservers, Toast

Croissant & Pan au Chocolate

Supper

Chicken Jalfrezi

Spicy Bean & vegetable Curry

Seasoned Rice
Masala Roast Carrots
Poppadom's
Chef's Salad

Dessert of the Day

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Crustaceans · Eggs · Tree Nuts · Mustard · Celery · Soybeans · Sesame Seeds · Milk · Fish · Peanuts · Lupin · Gluten · Sulphur Dioxide · Molluscs